

Alcoholism & Drug Abuse Council of Orange County, Inc.
224A Main Street, P.O. Box 583
Goshen, NY 10924
Phone: (845) 294-9000 Fax: (845) 294-9648
www.adacinfo.com

Contact: Allie Riker, Prevention Educator
alerman@adacinfo.com
845-294-9000 x258



FOR IMMEDIATE RELEASE

PRESS RELEASE

6th Annual 5k Run/Walk for Recovery to be held Sept. 17th

September is National Recovery Month. In celebration of this important month, The Alcoholism and Drug Abuse Council of Orange County (ADAC) is staging its 5th Annual 5k Run/Walk on Saturday, September 17th 2016 at 9:00am. The 5k race will be held at the Richard C. Ward Addiction Treatment Center on the grounds of the Middletown Community Campus, 117 Seward Ave. Middletown, NY. We hope to bring awareness of the recovery community and reduce the stigma that so often surrounds the disease of addiction. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover.

Bring the family and help us celebrate National Recovery Month! Refreshments will be provided to all participants. Community vendors will be present with valuable information and there will also be several raffle items from local businesses.

Prizes will be awarded to the top 3 finishers in each age group and top 3 runners and walkers overall. The age groups are 12 and under, 13-19, 20-19, 30-39, 40-49, 50-59, 60-69, and 70+.

Race fees are \$20 pre-registered by September 3rd and \$25 after September 3rd and on race day. There is also a student rate of \$15 at any time. T-Shirts will be given to the 1st 200 registrants. Participants have the option to pick up their race packets and shirts from September 14th-16th from 9am-4pm at ADAC, 224A Main St, Goshen.

In person registration/check-in begins at 7:30am. Register online today at www.adacinfo.com

Please contact Allie Riker, Race Coordinator, at The Alcoholism and Drug Abuse Council of Orange County at 845-294-9000 x258 to become a sponsor, make a donation, or with any other questions.

